



INTERNATIONAL DAY OF THE GIRL

October 11th, 2020

Who are some Canadian Role Models in the game?

Christine Sinclair – CANWNT member

Jordyn Huitema – CANWNT member

Rhian Wilkinson – CANWNT former player and current Coach

How can we keep girls loving the game?

Speak and share often about their role models

Eliminate Gender Bias'

Positive feedback with specific, attainable goals

Create positive learning environments

Resources for Girls in Sport:

www.womenandsport.ca

www.viasport.ca

www.fifa.com
(Women's Football Strategy)

www.sportforlife.ca

www.bcsoccer.net
(Diversity, Inclusion & Women in Soccer)

Langley United Mentorship
chelsey@lusa.ca

RYANNE APPLIN



Player of the LUSA 08 BC SPL Girls

Years Playing: 7 years
Role Model: Jordyn Huitema & Alex Morgan

What has soccer taught you?

"...teamwork. You have to work together in order to play your best! Soccer has really helped me push myself and made me want to conquer my goals."

Ryanne's message to young girls in sport:

"Don't ever give up! No matter how you're feeling that day, working hard and seeing your teammates, and coaches will always brighten your day!..."

EMMA SARAN

FV Metro 05G Team Captain & LUSA Staff Coach

Years Playing: 10 years
Role Model: Coach Chelsey Hannesson

What has soccer taught you? *"...soccer has provided me with skills such as teamwork & leadership. It has made me become more of a compassionate female and has taught me it is okay to make mistakes but it's the way you bounce back and persevere..."*

Emma's message to young girls in sport:

"...This is more than just a sport, this is a way to help each other become better individuals and role models for other females."



ADDYSON APPLIN



Player of the LUSA 2011 Girls Travel Team

Years Playing: 5 years
Role Model: Big sister, Ryanne!

What has soccer taught you?

"...to work harder and be better at what I do. It's taught me to work together with people as a team and do my best."

Addyson's message to young girls in sport:

"...never give up, keep trying and always remember to have fun while doing it!"